





SWS Mountain Guides 110 Alpine St. Mt. Shasta, CA 96067

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Introduction to Outdoor Climbing Clinics

Introduction to outdoor rock clinics will get you moving comfortably, safely and confidently on the rock with plenty of challenging routes for all levels. All climbing gear included.

• Skills Covered:

- Climbing equipment use and care
- Top-rope belay skills & commands
- Outdoor rock climbing techniques
- Course Info:
- Price: see website for pricing
- Length: 1/2 Day to 1Full day
- Class size: 2-6 people / Groups welcome give us a call

• Location:

- Bear Valley, California Office at the Bear Valley Lodge across from reception
- Skill Level: Beginner to Advanced
- Fitness Level: Moderate
- **Dates:** For Reservations or Questions call: 888-797-6867 or 209-753-6556